

INTEGRATED MARTIAL ARTS WELLBEING CENTRE



JARED'S FITNESS CLASS



★ **HIGH ENERGY MUSIC ... STRENGTH TRAINING ... FITNESS** ★

★ **FRIENDLY ATMOSPHERE ... SUITABLE FOR EVERYONE** ★



✦ **SATURDAYS 8:30 AM ~ 9:30 AM** ✦

(87 Islander Rd, Pialba ~ Phoenix Court)

Price: Option 1 (Casual) \$8 per class • Option 2 (10-Visit-Card) \$70

For more info contact Jared on 0400 109 368

